INVITATION TO ATTEND

President's Lunch

THURSDAY 18 FEBRUARY 2021

NATIONAL MUSEUM OF AUSTRALIA PENINSULA ROOM LAWSON CRESCENT, ACTON

ARRIVAL 12.30pm / 1.00pm LUNCH

TICKET \$50.00 PER PERSON INC. GST LUNCH INCLUDES A BEAUTIFUL TWO COURSE MEAL AND BEVERAGES BOOK A SEAT OR A TABLE OF 10 / RSVP 10 FEBRUARY 2021

CEO of Lifeline ACT, Ms Carrie-Ann Leeson will shine a light on issues of vicarious trauma, signs and signals of mental health deterioration and the difficulty of identifying and approaching someone who may need help.

There is a higher than average level of stress within the legal profession. This may take the form of anxiety, depression, alcohol and drug misuse, family issues, work pressures, perfectionism and self-criticism, not to mention the lack of sleep.

Carrie is an experienced Chief Executive Officer and GAICD with a demonstrated history of working



in the health care industry. Carrie says she comes from a family of 'chronic over achievers'. Perhaps played out by having worked with Sir Richard Branson in her native South Africa. She rates meeting Nelson Mandela, aged 16, as a highlight of her life, though its people less well known who she aims to help in her day job.



PRESIDENT'S LUNCH / 18 FEBRUARY 2021

TAX INVOICE TITLE / NAME: CHAMBERS: ADDRESS: PHONE: EMAIL: EXTRA REQUIREMENTS DIETARY: ACCESSIBILITY (please specify): **PAYMENT DETAILS** (please specify quantity) TOTAL \$50.00 PER HEAD \$500.00 (TABLE OF 10) **Payment Type** CHEQUE (PAYABLE TO: ACT BAR ASSOCIATION) MASTERCARD VISA CARD NUMBER EXPIRY DATE: CARDHOLDER'S SIGNATURE CARD CVC:

RSVP TO: MS JO DEAN-RITCHIE Executive Officer

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